

Proceedings of the 49TH NATIONAL CONGRESS OF THE ITALIAN SOCIETY OF PHYSICAL AND REHABILITATION MEDICINE (SIMFER) Milano, October 28-31, 2021

GENERAL INSTRUCTIONS

- **The deadline for sending your paper is January 24, 2022.** Papers received by our Editorial Office after this date will not be published.
- Send articles to journals9.dept@minervamedica.it; please do not submit multiple copies of the same article.
- Save file in Microsoft Word format (for Windows).
- Use the fonts and sizes indicated below. Recognition of other fonts is not guaranteed.
- Check text carefully before sending it. Contents of articles are not reviewed and any error will be published as is. No corrections of texts received are allowed.
- Be sure to keep a copy of your article. Materials received cannot be returned.

TITLE PAGE

- Title: as short as possible (Times New Roman, bold, size 16).
- Author: initial of first name followed by last name in full (Times New Roman, size 12).
- Affiliation where each Author works: Institute in full, University or Company, City, Country (Times New Roman, size 10).
- Please write your full contact details including telephone and email address (without these details your paper will not be published).

TEXT

- Font required: Times New Roman, size 12. For special characters use the font Symbol provided by MS Windows/Macintosh. Recognition of other fonts is not guaranteed.
- Each article: maximum 5 pages, including figures tables and references. For articles exceeding the given page limit, the author will be asked either to reduce the text or to contribute to the additional expenses, the cost for each additional page being Euro 25,00.
- The total number of figures or tables allowed is 6.
- Double spaced, text space per page: margins of at least 2.5 cm on 212×297 mm format sheets.
- Justify the text (set the left and the right margin).
- The article must be subdivided into the following sections: introduction, materials and methods, results, discussion, conclusions. In the introduction the aim of the study should be clearly summed up. The materials and methods section should describe in logical sequence how the study was designed and carried out, how the data were analysed (what hypothesis was tested, what type of study was carried out, how randomization was done, how the subjects were recruited and chosen, provide accurate details of the main features of treatment, of the materials used, of drug dosages, of unusual apparatus, of the statistical method ...). In the results section the answers to the questions posed in the introduction should be given. The results should be reported fully, clearly and concisely with figures, graphs and tables. The discussion section should sum up the main results, critically analyse the methods used, compare the results obtained with other data reported in the literature and discuss the implications of the results.
- Do not include a summary as it will not be published.

REFERENCES

- Font required: Times New Roman, size 12.
It is expected that all cited references will have been read by the Authors. The references must contain only the Authors cited in the text, be numbered using Arabic numerals and in the order in which they are first cited. Bibliographical entries in the text should be quoted using bracketed Arabic numerals. References must be set out in the standard format approved by the International Committee of Medical Journal Editors.

• Journals

Each entry must specify the Author's surname and initials (list all Authors up to six. If there are seven or more list only the first six names and add «et al.»), the article's original title, the name of the Journal (respecting the abbreviations used by Index Medicus), the year of publication, the number of the volume and the number of the first and last pages.

Follow the international standard punctuation carefully when citing references.

Examples:

– Standard article.

Sutherland DE, Simmons RL, Howard RJ. Intracapsular technique of transplant nephrectomy. *Surg Gynecol Obstet* 1978;146:951-2.

– Organization as author

International Committee of Medical Journal Editors. Uniform requirements for manuscripts submitted to biomedical journals. *Ann Int Med* 1988;108:258-65.

– Issue with supplement

Payne DK, Sullivan MD, Massie MJ. Women's psychological reactions to breast cancer. *Semin Oncol* 1996;23(1 Suppl 2):89-97.

• Books and monographs

For occasional publications the names of the Authors, the title, edition, place, publisher and year of publication must be given.

Examples:

– Books by one or more Authors

Rossi G. *Manual of Otorhinolaryngology*. Turin: Edizioni Minerva Medica; 1987.

– Chapter from book

De Meester TR. Gastroesophageal reflux disease. In: Moody FG, Carey LC, Scott Jones R, Ketly KA, Nahrwold DL, Skinner DB, editors. *Surgical treatment of digestive diseases*. Chicago: Year Book Medical Publishers; 1986. p. 132-58.

– Congress proceedings

Kimura J, Shibasaki H, editors. *Recent advances in clinical neurophysiology. Proceedings of the 10th International Congress of EMG and Clinical Neurophysiology; 1995 Oct 15-19; Kyoto, Japan*. Amsterdam: Elsevier; 1996.

FIGURES (GRAPHS, PHOTOS, ETC.)

- Illustrations should be original. Illustrations taken from other publications must be accompanied by the permission of the publisher.
- Illustrations are published in grey scale.
- Figure number must be referred to in the text. Do not leave space for figures on the page but submit figures on a separate sheet.
- Save each figure in **separate file(s)** in *.jpg or tif. format set at 300 dpi (high definition). Recognition of other formats is not guaranteed.
- Check carefully your files for good quality before sending them. Illustrations cannot be modified at our side and will be published as they are.
- For your convenience, try to limit the byte dimension of figures. Web upload of large files can be time consuming.
- Write captions of figures on a separate sheet, indicating the figure number.

TABLES

- Each table must be submitted on a separate sheet.
- Tables should be numbered in Roman numerals and must be referred to in the text.
- Tables should be described by a short title.